

Dorrigo High School

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Term 1 - Week 3

Thursday 15 February 2024

Girls Volleyball

On Monday 5 February Dorriggo High School travelled to the Mid North Coast Volleyball carnival at Coffs Harbour. The team had shown great dedication by having training sessions in the school holidays with Aimee's mum Milly preparing the girls.

The girls played in their first game against the Senior College and showed great teamwork in attack and defence to win two sets to nil in a dominant performance. All players contributed and the benefits of training, were shown, by their ability to keep the ball in play with their defence and then take advantage to win the point.

The girls' second game was against Toormina High School who were favourite to win the overall carnival. The girls tried hard and were very competitive. Toormina, via their greater experience as a group, were able to win in two close sets.

Dorrigo were far from disgraced and if the team stick together and prepare, they will give the competition a "red hot go" next year. Myra, Ava and Aimee were selected in the possibles v probable's selection game to pick the zone team. Aimee was successful in making the zone team and will now go to Port Macquarie to trial for the North Coast team.

Thanks to our two parents Kerry and Milly for driving the girls to Coffs Harbour. Thanks also to Milly for coaching the girls who looking at their faces enjoyed the whole experience. Well done girls on a great effort!



Back: Brydi Fittock, Josephine Eppler, Ava Mila, Myra Sibanda
Front: Isabelle Cartmill, Aimee Lamb, Tully Gibson

Important Dates

16 February

- Swimming Carnival

20 February

- Open Boys Basketball - Sportz Central

28 February

- Zone Swimming Carnival at Coffs Harbour

21 March

- Harmony Day

25 - 27 March

- Walcha Interschool Visit at DHS

29 March - 1 April

- Easter

12 April

- Last day of Term 1

29 April

- Staff return

30 April

- Students return

Canteen Roster

**The canteen is closed every
Tuesday and Wednesday**

Friday 16 Feb

Closed Swimming Carnival

Week 4

Monday 19 Feb

Amii Francis

Thursday 22 Feb

Steffi Eppler

Friday 23 Feb

Steffi Eppler

Week 5

Monday 26 Feb

Gigi Pankhurst

Thursday 29 Feb

Michele Kellett

Friday 1 March

Kylea Cavanagh

Week 6

Monday 4 March

Anna Guest

Thursday 7 March

Susan Freeman

Friday 8 March

Amii Francis

**Students are reminded to order their lunch at
the office before school or the canteen at recess**

Principal's Message

Cricketing Success

We were very proud of our Open Boys' Cricket team who travelled to Kingscliff last week to participate in the North Coast CHS Finals. Our team was one of 16 vying for a position in the top 8 to move to the State Finals. The match against Kingscliff High School, a school of 1100 students, was played with determined courage. To have made it this far in the competition is an exceptional achievement by our students. Whilst we didn't come away with the trophy on this occasion, the way the team represented the school through their positive attitudes, commitment to the game and respect for their coaches, peers and each other is testament to the quality of student we have at Dorrigo High School and the amazing opportunities to pursue passions that our school offers.

Fantastic Trivia Fundraiser

It was a wonderful example of community spirit in support of our school last Saturday night for our Vietnam excursion trivia fundraiser. A night filled with laughter and good-will amongst all the participants. A huge thank you to Mrs Harris, the staff and parent helpers for organising and coordinating the event, the Dorrigo RSL for hosting and our MCs extraordinaire, the Dorrigo Podcast. Congratulations to the winning team 'The Beasts' aka. Team Jack!

Swimming Carnival this Friday 16 February

We are looking forward to one of our major calendar events, our annual school swimming carnival. A reminder that this day is a normal school day, and all students are expected to attend unless absent due to a NSW Department of Education endorsed and justified reason, for example, being sick, having an unavoidable medical appointment that can't be scheduled outside school hours, exceptional or urgent family circumstances such as attending a funeral. As for any absence from school, absences from the swimming carnival require parents and carers to provide an explanation for the absence to the school within 7 days from the first day of any period of absence. Where an explanation has not been received within the 7-day timeframe, the school will record the absence as unexplained on the student's record.

The swimming carnival is an opportunity for positive relationship building between peers, staff and across cohorts. It is an inclusive activity. There are many opportunities to participate for all swimming capabilities, including non-swimmers. We thank you for your support of this event.

Safe on Social Presentations

On Wednesday, we were fortunate to have the expertise of Kirra from Safe on Social delivering presentations to students, staff, parents and carers on how to be safe when engaging in online platforms, social media and other apps.



Kirra is renowned for her straightforward, non-sensationalist approach and is praised for integrating her journey with a compassionate and pragmatic methodology. She empowers individuals to navigate technology with confidence and awareness, advocating for a mindful consumption of technology that enhances rather than dominates their lives. Kirra presents an unbiased and dedicated approach to fostering a safer, more compassionate online environment that helps us support students for their future in today's digital world.

As a result, Safe on Social has become the trusted advisor for schools across all Australian education systems, sports clubs, businesses, and individuals navigating the complexities of online trust and safety. The presentations were to the point with real stories pitched to the variety of experiences of the audiences. Feedback from the presentations was positive with many students approaching Kirra directly to ask more questions and staff and parents engaging in excellent discussion to further explore the topics.

Respect at School Posters

This term, you will notice new posters going up around the school that aim to help support a safe and respectful culture at our school.

These posters are part of an initiative to remind everybody to treat our hard-working school staff with kindness and respect. Every school community around the state is very different. While most schools are respectful and harmonious, violence and unsafe behaviour in any form is not acceptable in schools. School staff and students have the right to learn and work in safe and respectful learning environments.

With that in mind, I encourage you to join everyone at our school in getting behind this important work to make a positive change.

We value our partnerships with you to support our students to learn, grow, and belong. It is up to us – the school and the parent/carer-body - to be good respectful role models to our students. Together, we can create a safe and harmonious environment for our students and staff.

I hope you will support this initiative. What do you need to do? It is easy: Please treat our students and staff with kindness and respect, at all times. We are here to help you.

I invite you to contact me if you have any questions.

Staffing Changes

We farewelled our amazing food technology/hospitality/office assistant, Kelly Webster at a morning tea on Wednesday. Kelly has been an amazing support for our whole school community in her various roles at school and worked tirelessly in them. We wish her all the best for her future plans. We are delighted to welcome Brenda McLachlan to our school.

Mrs Cameron

Open Boys Cricket.

Sadly the dream is over for our Open Boys Cricket team. Going down to Kingscliff in a close encounter last Thursday.

Spirits were high on the trip North with resident DJ Trey Stafford blasting out some pretty horrendous tunes from a wildly oversized jukebox on the bus, with the occasional singalong.

The boys settled into their accommodation at Hastings Point and acclimatised in the water park, ensuring every other guest was too afraid to go in the pool for fear of being hit by a flying body in the classic catch competition.

The weather had turned nasty and our scheduled training run in Kingscliff was abandoned. The boys figured the classic catch competition was training enough so it was off into Kingscliff for early dinner and a walk up to the Cabarita Headland. After taking in some views and learning the finer points of "fire dancing" it was back to the accommodation to start to get our heads in the big game the following day.

The weather cleared enough for the game to start on time with skipper Lincoln winning the toss and electing to bat. An aggressive start by Taylor had the bowlers under early pressure and together with Lincoln a solid start. We lost Taylor for 16, Jamison for 7 and Evan for 4. Under some building pressure Jack and Callan hung around with Lincoln as he set to work building his innings. Unfortunately Lincoln was caught on the boundary for a well made 47 and the tail failed to wag leaving us with a total of 108.

The Kingscliff lads made a confident start putting our bowlers under pressure but the bowling change of Jamison proved a master stroke getting both openers. A solid middle order partnership was broken by Evan and we were back in the game. Kingscliff required 8 runs from the last 2 overs and were able to get themselves over the line with some solid hitting.

As a school, we couldn't be prouder of the whole squad finishing second in the North Coast. For a school of this size it is an outstanding achievement and the boys should be proud of their achievements. Thanks to Mr Horan for umpiring and travelling with the team.

Mr Rodgers



Trivia Night

A fantastic night was had by all at the Dorrigo RSL on Saturday evening raising funds for our Year 11 and 12 students upcoming trip to Cambodia and Vietnam. A close game of trivia with 'The Beasts' coming out on top, with some tricky questions proving the separating factor from first to second. MC's for the evening, Mik and Mik, of the Dorrigo Podcast provided entertainment with quick quips and jokes to keep all entertained. A fast-paced auction at the hands Tim and Ben from Ray White saw items sold above expectations.

We are incredibly grateful for the support of our wonderful community, and the generosity of all those who bid on auction items and bought raffle tickets.

To our host for the night, Dorrigo RSL, thank you for providing the venue, taking bookings and assisting with organisation.

Thank you to the following business who supported our evening:

- Dorrigo RSL
- The Dorrigo Podcast
- Brian Fahey
- Dorrigo Pharmacy
- McGregor Gourlay
- Mountain Merchant
- Fusspots Cafe Ebor
- Elevate Nine Eighty
- Mobile Management
- Plateau News - Emer Fahey
- Ray White Rural Dorrigo

The students, parents and teachers of the Vietnam Excursion 2024.



CONNECTING Youth

Dorrigo Youthie Drop-in

Wednesdays and Thursdays
3:00pm-5:00pm

COME IN and CHILL OUT

DORRIGO SDA CHURCH HALL
32 Tyringham Rd, Dorrigo NSW 2453
Contact us:
dorrigoyouth@ncobs.org.au
PH: 0438 766 491

Dance in Dorrigo Presents

Youth Ballroom and Latin Dance Class

Age of Students: School Years 7 to 12.
Time: Tuesday 5:15 – 6:15pm

1st 8-Week Course Starts Tuesday 20th February!

When: Each Tuesday 20 February to 9 April, 2024
5:15 – 6:15pm

Where: Dorrigo Uniting Church Hall, 7 Myrtle St Dorrigo.

Who: Students in Years 7 to 12.

What: Foxtrot, Waltz, Cha-cha and Jive. Learn step patterns with and/or without partners.

Cost - \$88 per young person or \$77 each for two or more siblings.

About your teacher:

Amanda Harvey has been teaching dancing for decades, and also has 20 years of experience teaching ESL to children and teens in Asia – often through play and activities. Amanda currently works at BCU in Dorrigo, is mum to three teenagers, volunteers each week at the Dorrigo Youth Centre and runs the all-age table tennis club through Neighbourhood Centres of Bellingen Shire. Amanda has been teaching the adults of Dorrigo to dance since mid-2022 and decided that it is about time the younger people around the area had an opportunity to join the fun!

Bookings: Contact Amanda 0434 889 027

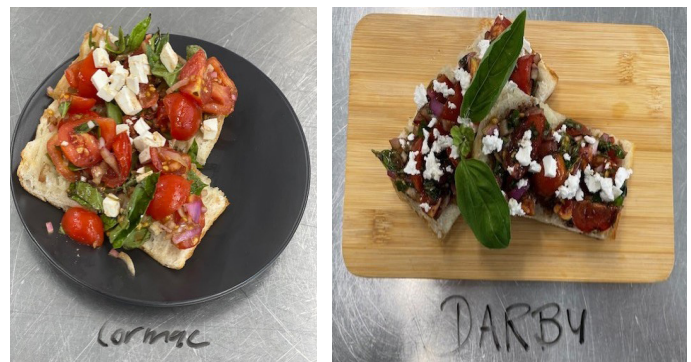
Food Technology Requirements

	Term 1 - Week 4	
7 Blue	Coconut and Yogurt Fruit Salad Between 2 Students need to bring 1 apple, 1 banana, 1 small vanilla yogurt	Tuesday 20 February P5 & P6
8	Mod Oz Brownie Between 2 Students need to bring ½ cup dark chocolate 1 cup vanilla yogurt	Tuesday 20 February P3 & P4
9/10	Pizza Muffins Between 2 Students need to bring 2 ½ cups grated mozzarella, 2 slices ham	Friday 23 February P1 & P2
Senior Hosp	Open Tuna Melt Deluxe Steak Sandwich Individual Work Students need to bring 1 red onion, small brown onion, 250g cream cheese, 3 slices Swiss cheese, 250g tuna in oil	Thursday 22 February P5 & P6
Senior Hosp	Pullmans Sandwich Smoked Salmon Sandwich Individual Work Students need to bring 1 avocado, 50g smoked salmon	Friday 23 February P3 & P4
	Term 1 Week 5	
7	Coconut and Yogurt Fruit Salad Between 2 Students need to bring 1 apple, 1 banana, 1 small vanilla yogurt	Thursday 29 February P1 & P2
8	Sticky Date Pudding Cupcakes Between 2 Students need to bring 210 g dates and 60g butter	Tuesday 27 February P3 & P4
9/10	Marshmallow Jam Biscuit Slice Between 2 Students need to bring 1 pkt marshmallows and 100g butter	Monday 26 February P3 & P4

Hosp	Open Sandwich Turkey Ribbon Sandwich Individual Work Students need to bring 100g sliced turkey, ¼ cup parmesan cheese, 1 chicken thigh, 1 bacon rasher	Thursday 29 February P3 & P4
Hosp	Pinwheel Sandwich Domino Sandwich Individual Work Students need to bring 1 sml can creamed corn, 2 slices ham, 50g can red salmon	Friday 1 March P3 & P4

Creations from the Kitchen

Year 7 - Bruschetta



Year 8 - Crudite Board using ingredients from the kitchen garden



Year 9/10 - Cheeseburger Sausage Rolls

